

## **Teachers' fortitude - international research project promotes teacher resilience across Europe**

Heterogeneity in the classroom, a constantly changing curriculum and the conflicting expectations of parents, students and the school management – the growing demands placed on teachers are manifold. The EU-funded “ENTREE – ENhancing Teacher REsilience in Europe” project is coordinated by project partners in the respective countries, striving to help teachers in Europe cope with the growing demands of their profession. Over the next two years, scientists and practitioners from five European countries and Australia will join forces to develop diagnostic tools to facilitate self-assessment. In particular, they will develop information material and training programs for enhancing resilience.

In the past years, research on teacher health has focused on exploring the characteristics and behaviour patterns that enable teachers to remain healthy, effective and committed to their job in spite of the increasingly challenging situations they face. “What makes a teacher resilient?” is the central question. ENTREE is based on findings from international resilience research and the results of the recently concluded Australian project “Keeping cool”: a project which aimed at integrating resilience into teacher training, in which the Australian and German ENTREE project partners participated. The centrepiece of the project work will be an online platform, where the self-assessment tools developed in the project, the training programmes and information material can be accessed. People interested in the topic will also be able to share their opinions and experiences there.

The European Union is funding ENTREE within the framework of its lifelong learning programme. Alongside Australian scientists, researchers from the EU countries Germany, Ireland, Malta, Portugal and the Czech Republic will be involved in the project.

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